

ACTIVITY - PROCESSING INDIVIDUAL APEST PORTRAITS TOOL

- When you come together as a group, enable each member to be able to share for up to 15 minutes. (If you need to take a few meetings to get through the entire group, this should be seen as valuable investment time).
- Each member should describe their portrait (hopefully a finalised one); how they feel about it; and why they believe it to be an accurate reflection of their personal calling.
- Enable people to share their story, their sense of calling, their defining experiences, and perhaps where their vocational passions lie. (the group leader might want to go first to model this)
- Then, invite the rest of the group to give honest **AND** loving feedback regarding the portrait. They should consider the following when deciding feedback:
 - Is the portrait accurate?
 - Can they confirm what the individual is saying through their own observations/ experience of the individual?
 - How, if at all, do they believe it could be adjusted?

The important thing to remember is that we all need honest feedback regarding the nature of our influence on others. Because APEST is a Body dynamic, we cannot know ourselves in isolation; we can only know ourselves in relation to others, in community, in the Body of Christ.

- Individuals may wish to adjust the portrait accordingly, having heard the feedback, by submitting to Body feedback.
- The group should pray, and affirm the calling of that person and encourage them towards greater self-awareness and impact.

It is worth remembering that in this exercise, those giving feedback are giving feedback from the perspective of their dominant/primary gifting.

SOURCE: Activating 5Q - A Users' Guide, Alan Hirsch and Jessie Cruickshank

