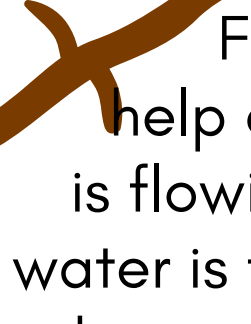


CHILDREN STATION 1



Find a stick. Go to the bridge and, with the help of your adult, work out which way the water is flowing. Drop your stick on the side where the water is flowing under the bridge. Race to the other side to see you stick appear. How long does it take?



Get another stick. This time we will think about intercessory prayer which is bringing people or situations before God.

As you take your stick, it's like bringing someone or something before God. As you let go and drop it in the river, you hand over control of what happens to the stick to the water below! As we bring situations/people before God in prayer we are bringing them to God and asking for Him to work.

As you drop your stick, think of something, or someone you want to bring to God.



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CHILDREN STATION 2



Start at the first cone. Have someone stand facing away from the cones so they can't see you. When they raise their hands up you start moving forward to the other cones but you must watch them all the time. When they put their hands down, you have to run back the other way. How easy is it to get to the other side of the cones?!

Wouldn't it have been easier if they kept their hands up all the time!

In Exodus 17 the Israelite army are in a battle, and when Moses raises his arms up high, they move forward and are winning, but when he lowers his arms, the Israelites start to lose. In the end Moses had help to keep his arms up!

Our prayers can help people with their lives. It can be easy to get bored or forget about what is happening but God wants us to keep praying for them.

What is something you can keep praying for?



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